Nova Scotia

Senior Citizens Secretariat

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AGING AND THE AGED IN NOVA SCOTIA

- A List of Writings from 1979 to 1985 -

Prepared by: The Senior Citizens' Secretariat
Province of Nova Scotia
March 13, 1986

INTRODUCTION

This list has been prepared by the Secretariat in response to numerous requests from the community.

Daily the Secretariat receives verbal and written requests from students, educators, senior citizens' organizations, social agencies, government departments and the general public for a list of available resource documentation on aging and the aged in Nova Scotia.

In 1984 the Gerontology Association of Nova Scotia in its publication entitled, What Are We Doing in Nova Scotia? Research Activities, 1983/84, provided a bibliography of 39 research projects.

This past summer, the Secretariat, with the assistance of Ms. Mary Smith, located an additional 41 published works on aging and the aged.

This publication brings together the efforts of the Gerontology Association and the Secretariat and in so doing provides a ready reference to 80 articles and studies on aging and the aged in Nova Scotia completed between 1979 and 1985.

The entrees are listed in alphabetical order by author and, where the information was readily available, a brief description of the nature and purpose of the article or study is provided.

Persons wishing copies of the articles or studies listed in this publication are asked to contact the authors directly, the sponsoring organizations or the university library involved.

The Secretariat wishes to thank all those who contributed to this publication.

A LIST OF WRITINGS

Allison, Nigel, Dr. "Psychogeriatric Services at the Nova Scotia Hospital" Nova Scotia Medical Bulletin. Geriatric Psychiatry, Nova Scotia Hospital. Halifax: October, 1984.

This research focuses on all areas of geriatric psychiatry, with particular emphasis on the following: adjustment to nursing home placement; resource development; and management of behavior problems.

Bogan, Alison. Nutrition for the Elderly. School of Home Economics, Acadia University, Wolfville: n.d.

_____ Nutrition in the Home for Special Care. School of Home Economics, Acadia University, Wolfville: n.d.

_____ Nutritional Assessment of the Elderly. School of Home Economics, Acadia University, Wolfville: n.d.

Bona, Wayne J. A Survey on Social Conditions. Community Services Division, Department of Social Services, Dartmouth: 1979.

_____ Health Clinics for Seniors. Community Services Division, Department of Social Services, Dartmouth: February, 1982.

_____ A Study of Non-Participation Among Seniors February 1982 - September 1984. Community Services Division, Department of Social Services, Dartmouth: September, 1984.

_____ Dartmouth Share Senior Housing at Reduced Expense. Community Services Division, Department of Social Services, Dartmouth: November, 1984.

Brackley, Jane. Senior Housing Needs Assessment. Social Planning and Development Division, Social Planning Department, Halifax: 1985.

This Survey examines residential satisfaction among a representative sample of senior citizens (65+) living in private accommodations in the City. Residential satisfaction by location of residence, tenure, housing type, neighborhood characteristics and respondent characteristics is examined. Also explored is seniors' awareness of programs, willingness to participate in programs, social embededness - i.e. - contact with family and friends and general life satisfaction.

Britton, R.J. Needs Assessment Survey of Senior Citizens' Units Operated by the Halifax Housing Authority. Social Planning Department, City of Halifax: 1982.

This survey focused on health needs of senior citizens living in subsidized housing. Also explored were relationships

with family, friends, agency contacts and voluntary associations.

Chen, Mervin, Y.T. Womens' Work. A paper presented at the 11th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology. Winnipeg: Nov. 4-7, 1982.

_____ Shaping Factors of Occupational Age Structures of the Female Labour Force. A paper presented at the 11th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology. Winnipeg: Nov.4-7, 1982.

_____ Are Older Workers Marginal Workers. A paper presented at the Annual Meeting of the Canadian Sociology and Anthropology Association. Montreal: May 28-31, 1985.

_____ Occupational Marginality and Older Workers. A paper presented at the 14th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology. Hamilton: October 19-20, 1985.

Chen, Mervin, Y.T., Regan, Thomas. Work in the Changing Canadian Society. Toronto: Butterworths, 1985.

This publication contains information relative to the sociology of aging, sociology of work, aging and work.

Christie, Innus. Law and the Older Nova Scotian. Faculty of Law, Dalhousie University: Canadian Pensioners Concerned, 1982.

Conrad, Margaret. "No Discharge in this War - A Note on History of Women and Aging". Feminist Resources. Department of History. Acadia University, Wolfville: 1982.

Conrad, Patricia, MSc. The Effect of An Educational Program About Aging on Selected Classes of Grade Three Students. Social Planning and Development Division, Social Planning Department, Halifax : 1981.

Davis, Nanci Ellen. History of the Aged and Widowed in a 19th Century Bicultural Area of New Brunswick. Department of Sociology, Mount Saint Vincent University, Halifax: 1985.

Divine, B. and Burnham, G. "Unions and Pensions". Perception. 1980. 3(3): 22.

_____ "Old Age Stereotyping: A Comparison of Nursing Staff Attitudes Toward the Elderly", Journal of Gerontological Nursing. 1980. 6, 1, 25 - 32.

_____ "China's House of Respect", Journal of Gerontological Nursing. 1980. 6(6), 338 - 340.

_____ "The House of Respect", Canadian Nurse. 1980. 76(8), 41.

_____ "Attitudes of the Elderly Toward Religion", Journal of Gerontological Nursing. 1980. 6(11), 674 - 680.

_____ "Growing Old: A Geriatric Crisis for Society/A Developmental Crisis for the Individual/Professional Crisis for the Health Care Team", Hospital Trustee. July/August 1981.

_____ "Milieu Therapy: Its Growth, Development and Problems In Canadian Institutions", International Journal of Therapeutic Communities. 1982. 3(3), 182 - 189.

Downe, Wamboldt B. and Tamlyn, D. Determinants of Life Satisfaction of the Institutionalized Elderly. School of Nursing, Dalhousie University, Halifax: 1983.

A multi-correlational study to determine the antecedents of life satisfaction of the institutionalized elderly.

Fiaz, Nelly. Senior Citizens in Antigonish County, Nova Scotia. Current Issues. Department of Continuing Education, St. Francis Xavier University, Antigonish: 1984.

Fiaz, Muhammed. Happiness Now: The Impact of Income, Housing AND Health on Lives of the Rural Elderly. Department of Sociology, St. Francis Xavier University, Antigonish: 1985.

Fiaz, Muhammed and Fiaz, Nelly. Old Women in Paradise: A Study of the Standard of Living of the Female Population 65+ in Antigonish County, Nova Scotia, 1985. Department of Sociology, St. Francis Xavier University, Antigonish: 1985.

Fooladi, Sarah. Economics of Uncertainty. Department of Economics, Dalhousie University, Halifax: n.d.

Fox, Roy A. Immunology and Infection in Old Age. Faculty of Medicine, Dalhousie University, Halifax: 1984.

_____ "The Multiple Faces of Elder Abuse". Geriatric Medicine. 1985. 1(2), 105 - 111.

_____ "Neopolitan Nails". Geriatric Medicine. 1983. 13(5), 363 - 367.

_____ "Arthritis in the Elderly". European Journal of Rheumatology. 1982. 5(3), 285 - 289.

_____ "Immunology of Ageing". Geriatric Medicine. March, 1982.

_____ "Infection in Old Age". Geriatric Medicine. July, 1982.

Dr. Fox has also personally contributed chapters on clinical response to infection, diarrhea, urinary tract infection, nervous system infection, phogocytic funciton, infection and diabetes, immunology and ageing and immune response to infection.

Gifford, C.B. "Senior Power in Canada". Policy Options Magazine. Maritime School of Social Work, Dalhousie University, Halifax: 1984.

A comparative study (Europe and United States) based on interviews with the leaders of senior citizens' organizations and the reading of the house organs of these organizations.

Haley, Robert G. Elder Abuse and Neglect. Social Service Training Programs, Nova Scotia Institute of Technology, Halifax: 1985.

Hogan, David, Dr. "Unexplained Decline in the Elderly". Perspectives in Geriatrics. 1985, 1,21 - 28.

_____ "The Aging Therapist". Respiratory Technology. 1985, 21 17 - 18.

Horan, M.A., Leahy, B.C., Fox, R.A., Stretton, T.B. and Haeney, M. Immunological Abnormalities in Patients with Chronic Bronchial Suppuration - A Possible Relationship with Endotoxemia. Faculty of Medicine, Dalhousie University, Halifax: 1984.

Horan, M.A. and Fox, R.A. "Mechanical Aging and Development". Aging and the Immune Response - A Unifying Hypothesis, 1984. 26, 165.

Horan, M.A., Gulati, R.S., Fox, R.A., Glew, E., Ganuli, L. and Keaney, M. "Outbreak of Shigella Sonnei Dysentery on a Geriatric Assessment Unit". J. Hosp. Infection. 1984.

Horan, M.A., Lenton,J. and Fox,R.A.,"Gynaecological Sepsis as a Cause of Covert Infection in Old Age". J. American Geriatrics Society. 1983, 31: 213-215.

Horan, M.A., Puxty, J.A.H. and Fox, R.A. "White Nails of Old Age". American Geriatrics Society. 1982, 30(12), 734-737.

Huber, Paul B. "Vesting, Indexation, Spousal Splitting, Investment Policies, Reporting, Auditing, Actuarial Review". Pension Issues. Economics Department, Dalhousie University, Halifax : June, 1982.

_____ "Pensioners and Inflation". Canadian Public Policy. 1983, 9(2), 250-255.

_____ Dividing Pension Entitlements Between Spouses. A paper presented to Atlantic Canada Economics Association Conference at the University of Moncton. October 26, 1985.

Keddy, Barbara, Dr. "The Nurse as Mother Surrogate, Oral Histories of Nova Scotia Nurses from the 1920's and 1930's". Health Care for Women International. 1984, 5(4), 181-193.

_____ "The Nursing Apprentice: An Historical Perspective". Nursing Papers. 1985, 17(1) 34-46.

_____ Organizational Change: The Care of Milieu Therapy in a Geriatric Setting. Published Proceedings of the First National Gerontology Nurses Association Meeting. Vancouver: 1983.

Keddy, Barbara, Dr. and Young, D. "The Meaning of Christmas to Nursing Home Patients", Journal of Geriatric Nursing. January/February, 1984.

Kozey, Cheryl L. "An Investigation into the Incidence of Low Back Pain in Hospital Workers". Nova Scotia Medical Bulletin. 1985.

Lawrence, Martha, Dr. Utilization of Medical Services by Elderly Nursing Home Patients. Department of Family Medicine, Dalhousie University, Halifax : 1985.

Lyons, R.F., Dr. The Impact of Chronic Illness on Personal Relationships and Leisure Patterns. School of Recreation, Physical and Health Education, Dalhousie University, Halifax: 1985.

The purpose of this study was to examine the effects of a chronic illness or disability on friendships and leisure activities.

MacLennan, A. Barbara and Singleton, F. Jerome. "Drugs, Activities and the Elderly: Implications for Service Delivery". Activities, Adaptation and Aging. March 1984, 4(4).

MacRae, Hazel. Identity and Its Maintenance in Later Life: A Social Network Approach. Tantallon: n.d.

MacSween, J.M., Eastwood, S.L., Cotten, A.D., Rajaraman, K. and Fox, R.A. "Lymphokine Responses to Concanavalin, A Stimulation Associated with H.L.A. Dr. Antigens". Immunology and Immunopath. 1984, 32, 368-377.

Makrides, Lydia. "Maximal Short Term Exercise Capacity in Healthy Subjects Aged 15-70 Years". Clinical Science. 1985, 69, 197-205.

_____ "Normal Standards for an Incremental Progressive Cycle Ergometer Test". American Review of Respiratory Diseases. 1985, 131, 700-708.

_____ Endurance Training in Young and Old Males. A paper presented at Masters Games International Sports Medicine Symposium. Toronto: August 8-10, 1985.

McNiven, Jane. Housing Contexts and Perceived Needs of Elderly Women. Department of Sociology and Social Anthropology, Dalhousie University, Halifax : n.d.

This study explores the relationship between needs and

housing contexts in terms of the extent to which housing contexts shape and define the housing needs perceived by older widows and, in turn, the way in which these perceptions influence the housing contexts.

Melanson, Patricia M. A Comparison of the Self-Identity of Older Individuals Living at Home with Older Individuals Living in a Nursing Home. School of Nursing, Dalhousie University, Halifax: 1982.

Melanson, Patricia M. and Meagher, D.M. A Descriptive Study of Self-Identity of Older Adults Who Relocated to a Nursing Home Setting. School of Nursing, Dalhousie University, Halifax: 1984.

Mitic, Wayne, Dr. The Development, Implementation and Assessment of a Pre-Retirement Program. School of Recreation, Physical and Health Education. Dalhousie University, Halifax: n.d.

O'Brien, Power, Sanford, Smith and Wall. "Temporal Gait Patterns in Healthy Young and Elderly Females". Physiotherapy Canada. 1983, 35, 323-326.

Puxty, J.A., Horan, M.A. and Fox, R.A. "Necropsies in the Elderly". Lancet i., 1983, 1262-1264.

Puxty, J.A.M., Fox, R.A. and Horan, M.A. "The Frequency of Physical Signs Usually Attributed to Meningeal Irritation in Elderly Patients". J. American Geriatrics Society. 1983, 31, 590-592.

Rajaraman, R. Molecular Aspects of Cellular Aging in Vitro. Department of Medicine and Microbiology, Dalhousie University, Halifax: 1981.

Of special interest is the appearance of lamnium-type

molecules in the extracellular matrix which has been claimed to be involved in the metatasis of tumor cells.

Ridgley, Roberta. Home and Mail Visitations. Scotch Village, Hants County: n.d.

Roadbury, Alan, Dr. Aging, Retirement, Leisure and Work in Canada. Methuen Publications, Agincourt, Ontario: 1985.

This publication presents an analysis of the meaning of work and leisure during retirement.

Rose, Michael R. Evolution of Senescence. Department of Biology, Dalhousie University, Halifax: n.d.

_____ Genetrics of Post-Phoned Senescence in Orosophila Nelanogaster. Department of Biology, Dalhousie University, Halifax: n.d.

Singleton, Jerome F., Dr. The Use of Leisure by the Elderly. School of Recreation, Physical and Health Education, Dalhousie University, Halifax: 1983.

The purpose of this study was to determine how the elderly who reside in the community use their time. The results appear to indicate that the elderly participate in a core of activities (T.V. watching, eating, etc.) related to the home environment. Other activities mentioned most often included reading, visiting and working around the yard. This study may be of interest to those who deliver leisure programs to the elderly.

_____ "A Profile of the Outdoor Recreation Patterns of the Elderly". Activities, Adaptation and Aging. Fall, 1984, 6(1).

_____ "Retirement: Its Effects on the Individual". Activities, Adaptation and Aging. Summer, 1985, 6(4).

_____ Leisure Skills in the Aging: The Health Care Challenge. Philadelphia: F. A. Davis Company, 1985.

_____ "Time Usage and the Elderly". Society and Leisure. Fall, 1985.

Smith, Mary E. MSC. The Effect of Participation in a Pre-Retirement Planning Program on the Participants' Attitude Towards Retirement. School of Recreation, Physical and Health Education, Dalhousie University, Halifax: 1985.

The purpose of this study was to determine the effect of participation in a pre-retirement planning program on the participants' attitude toward retirement. To accomplish this objective, a pre-retirement planning program sponsored by the Nova Scotia Department of Continuing Education and the Civil Service Commission was utilized.

Somers, Jack, Dr. The Relationship of Some Life Events on Health Status in the 61-70 Age Group. Department of Family Medicine, Dalhousie University, Halifax: 1984.

_____ To Comfort Always - Caring for the Older Patient, A Challenge for Family Physicians. Department of Family Medicine, Dalhousie University, Halifax: 1982.

Dr. Somers' publications are available from the College of Family Physicians of Canada, 4000 Leslie St., Willowdale, Ontario, M2K 2R9.

Souder, M. Shawn. Parents' and Children's Perception of the Parents' Living Arrangements. Department of Sociology, Dalhousie University, Halifax: n.d.

Townley, Peter G.C. Micro and Macroeconomic Implications of Population Aging for Public Policy. Department of Economics, Acadia University, Wolfville: August, 1985.

_____ Provision of Retirement Incomes Under Political and Informational Constraints: Three Essays on the Economics of Public and Private Sector Provision of Retirement Income Vehicles. Department of Economics, Acadia University, Wolfville: 1985.

Turnbull, George I. Assessment of Motor Skill Acquisition and the Rehabilitation of the Elderly - Design of Therapeutic Exercises to Improve the Function of Stroke Patients. School of Physiotherapy, Dalhousie University, Halifax: 1985.

Turnbull, George I. and Wall, James C. "The Development of a System for the Assessment of Gait Following Stroke". Physiotherapy. 1985.

Wall, James C. Gait Measurement in the Elderly and in Stroke Patients. School of Physiotherapy, Dalhousie University, Halifax: 1985.

Wall, James C. and Turnbull, George I. An Evaluation of the Effectiveness of Therapeutic Exercise in the Treatment of Residual Hemiplegia. School of Physiotherapy, Dalhousie University, Halifax: 1985.

Wong, S., Wong, T. and Arklie, M. Health Assessment for the Elderly in the Community: A Demonstration Project. School of Nursing, Dalhousie University, Halifax: June, 1983.

This project examined the feasibility of setting up an outreach mobile health assessment unit for the elderly.

Young, A.J. History of Nova Scotia Sport and Nova Scotia Athletes. School of Recreation, Physical and Health Education, Dalhousie University, Halifax: n.d.

Other Secretariat Publications

- Programs for Seniors (3rd Edition) - 1985
- Statement on Aging and the Aged - 1984
- "Seniors Helping Seniors" Proceedings of a Nova Scotia Conference on Aging and the Aged - 1984
- Monthly Newsletter